

Telehealth Rules (GDE's Gotta Do Ems)

We realize this is a different environment for doing classes for many clients therefore, we need to set up some ground rules and expectations for group, so that everyone has a great experience.

1. We expect this class to be treated as a physical office visit.
2. We expect you to arrive on time as the class will be closed for entry after the first 10 minutes of class starting. This prevents disruptions to discussion.
3. Make sure you have your book and bag of goodies with you for class and are prepared having done any assigned homework.
4. We expect you to be in a quiet, private space away from anyone else in the home. This is a telehealth visit with medical professionals and other group members. We want everyone to feel safe and comfortable sharing private information therefore, due to HIPAA no one else in your environment should be able to listen in on the discussion.
5. We expect you to not be driving during class.
6. We expect no one to be under the influence of alcohol or drugs during class time.
7. All TV's, radios, and other distractions should be turned off.
8. Family and friends should not be able to interrupt you during class as if you are in a live class appointment.
9. If you have small children, please plan for childcare as you would need to do in a live class environment.
10. The camera must be on at all times unless you are going into the rest room.
11. We need 100% focus on what is being taught, so there should be no other activities going on during class participation such as cleaning dishes, cooking, watching the news on TV, having family discussions and so forth.

Important Disclaimer: If we as practitioners witness these rules not being followed, we will need to remove you from the class to prevent distractions and disturbances to others in the classroom, which could result in not clearing for a revisional surgery.