

# Strive MD Requirement:

Revisional Surgery Patients of St. Agnes Medical Group



STRIVE MD is a series of group counseling meetings being held by both Dietitian Nancy Lum and Therapist Dawn O'Meally. Participants will have the benefit of receiving both nutrition counseling and psycho-educational therapy at the same time - at each and every meeting! Our focus will be on the cognitive & behavioral changes necessary to help you obtain your weight loss goals and to help you achieve a healthier lifestyle. At STRIVE MD we want YOU to be able to make the healthy choices necessary to meet your goals.

If you are a patient of St. Agnes Medical Group, Dr. Andrew Averbach, Dr. Isam Hamdallah, or Dr. Catriona Swift and seeking a revisional surgery due to weight-regain you are required to attend this 7-part series in addition to The GI and Bariatric Nutrition Center's (GIBNC) / Nancy Lum, RD, LDN Bariatric Nutrition Education Program and your Bariatric Psych Consult with The Counseling Center for Change/ Dawn O'Meally, LCSW-A, P.A.

**The fee for this program is \$315 and due from the patient at the time of service. We do not accept insurance. We are unable to clear you for surgery until you have completed this program.**

To register, find out more and see the dates of upcoming series please go to [www.StriveMD.com](http://www.StriveMD.com)

By signing below you understand and agree that it is your responsibility to register for StriveMD by self-registering via our website or call our office to register via phone. You also agree to attend all 7-parts of the series you select. This is a group therapy program and your attendance is vital to the group morale. You are also required to participate and do all assignments. You understand will be unable to recommend you for bariatric surgery until you have completed and participated in this program.

Signature of Patient:

Date:

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